

Warmup Exercises

Caruso 6-Note Exercise

Rules: Tap foot (60bpm)

Mouthpiece on lips entire time

Breath attack first note of each set ("H" attack, not "T" attack)

Breathe through the nose, not the mouth

Paul Rogers

H T T H T T H T T

H T T H T T H T T

Lip Slurs

Very even, slow, snap from one note to the next

DO NOT RUSH, MUST BE CLEAN

Repeat ad infinitum

Continue through valve combinations (0, 2, 1, 12, 23, 13, 123)

18

Can progress these to higher partials
(starting on middle C, E on top of staff, etc)

Continue through valve combinations

23

Tonguing Exercise

Very even, staccato, like a snare drum
Use a metronome, start around 60bpm

Perform for 30seconds to 1minute, rest equal amount of time,
then go up a half step. Start on middle G, go up to middle C

25

Scale Exercise

This will help build up speed; make sure to keep the notes even

Repeat ad infinitum

Start with all slurred or all tongued,
then progress to various tonguing patterns
(slur 2 - tongue 2; tongue 2 - slur 2, etc)

27

Continue the pattern up the scale.
Also practice in different keys

Clarke Exercise #2

GUIDELINES

- * Keep it light -- *piano*, slurred
- * Add in the remaining 3 keys (F#/Gb, Db, B)
- * Eventually add different articulations -- tongued, double tongued, slur2-tongue2, tongue2-slur2, etc.

F major

31 *p*

Eb major

36

G major

41

D major

46

Ab major

51

C major

56

A major

61

Bb major

66

Bb major

71

Clarke Exercise #1

GUIDELINES

- * Perform *pianissimo*, smooth, quick
- * Continue these throughout range of the instrument

76

80

84

88

92

96

ADVANCED LIP SLURS

- * Approach these only when you are able to perform basic lip slurs consistently and cleanly.
- * As with all lip slurs, cleanly "snap" from one note to next
- * Avoid "splee-ahs, keep the tone quality!
- * All lip slurs are to be performed through all the valve combos (0, 2, 1, 12, 23, 13, 123)
- * Each line is its own exercise -- don't do more than one or two a day.
- * As with everything, REPETITION IS KING

